

Holistic Health

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What is Holistic Health

- It is a concept that the more we live natural life, more healthier we are. In today's modern life, we have gone away from nature. Eight out of every ten persons suffer from diseases today.

Natural way of living

- We should live in pollution free locations like countryside.
- Our food should be simple and should be taken at regular intervals.
- Evening food should be taken before sunset so that digestion takes place before sleep.

Avoid bad habits

- Smoking, tobacco chewing , taking hard drinks frequently, eating late at night are some examples of bad habits which should be avoided.

Diseases

- Western Science believes that diseases are caused by microscopic invaders called bacteria.
- Eastern Science believes that diseases are caused by energy blocks in our body and bacteria grow later.

Treatment of Diseases

- Western science treats diseases by destroying bacteria with the help of synthesised drugs.
- Eastern science believes in removing the root cause of the disease known as energy blocks.

Diagnosis of Diseases

- Western science has developed many sophisticated equipments like full body scanners, automatic blood analysers, PET scan photographs and many others but they cannot find energy blocks in the body.

Aura Photography

- Kirlian Camera was invented in 1939 in Russia.
 - This camera can take photographs of our Auric or Energy Body.
 - Diseases appear as black spots of energy blocks in region of palms of our both the hands.

Prediction of Diseases

- With the help of Dowsing and Aura Photography, it is possible to predict diseases six to eight months in advance.

Healing

- Precious Gemstones are natural products which are very good healing tools.
- Western science uses these stones in watches and in microchips but it has not recognised their subtle properties of healing.

Diagnosis by DNA Study

- More than 1000 billion \$ programme is undertaken by American Government to study structures of all possible DNA existing in the total human population of the world.
- It will take further decade to complete this work after which they will be able to diagnose diseases at DNA level, which Eastern Science can do now by dowsing.

Clinical Study

- In Pokrovskaya Hospital, in St. Petersburg, Russia, a team of Scientists have completed clinical study on 13 cardiac patients.
- 11 out of of 13 patients received very good positive effects of Gemstone Therapy.

Who can get best advantage of prediction of Diseases

- Persons above the age of 40, who have high Blood Pressure, Cholesterol or Diabetes can get indications whether major heart problem is possible within eight to ten months time.
- Persons with previous history of heart attack can also get similar indication.